



| Rsp | Dec 29-Jan 4 | Jan 5-11 Goals | Rsp | Jan 5-11 Goals | Jan 12-18 Goals |
|-------------|---|---|-------------|----------------|-----------------|
| Holy Spirit | ☑ Read Heaven Book | ☐ Ask one person daily about resolutions -offer 1 | Holy Spirit | | |
| | ☑Journal 2014 year end review | Start a journal on Holy Spirit promptings | | | |
| | ☑ Evangelize 2x daily | Catch up and stay on Bible reading plan | | | |
| Wife | ☑ Establish Shared Calendars | Ask the Three Questions! | Wife | | |
| | Ask the THREE QUESTIONS | ☐ Share my weekly goals - ask input | | | |
| | ☑ Prayer walk together | ☐ Go on a date (I get the babysitter) | | | |
| Children | ☑ Family Devo | ☐ Family Devo | Children | | |
| | ☑Special date with Lindsay w discussion | Quiet time with Caleb | | | |
| | ☑ Play tennis with Caleb | Quiet time with Lindsay | | | |
| Friends | ☐ Invite Bob to lunch to share testimony | Lunch and testimony with Bob | Friends | | |
| | ☑New Years well wishes to friends list | ☐ Text friends to see if I can pray for resolutions | | | |
| | Offer to help Austins with lights | ☐ Invite Andersons over for desert+ | | | |
| qof | ☑Start idea bank for 2015 meetings | Offer to lead brainstorming session | Neighbors | | |
| | | ☐ Learn new Database via Lynda.com | | | |
| | | | | | |
| Home | ☑ Revise budget for 2015 (esp pledge) | ☐ Track budget spending with Deb | Income | | |
| | ☐ Powerwash gutters | ☐ New storage bins for decorations | | | |
| | | | | | |
| Health | ☑ No food after 9pm | ☐ No food after 9pm | Health | | |
| | ☑ Workout 5x | ☐ Workout 5x | | | |
| | | ☐ Track calories via My Fitness Pal app | | | |
| REVIEW | 13 of 17. I was much better in my consistency as I looked at the goals everyday but Tuesday. However, I was not as intense as I should have been with these sacred charges. I need to incorporate them into my quiet times and pray through them each day. Also, I noticed that I was inhibited by my flesh in failing to offer help to the Austins and in avoiding the three questions with Deb. The Spirit def prodded me in these areas but I resisted - ugh. Bob wasn't at work this week, but I could have texted him to set up lunch next week. | | REVIEW | | |

WILL. Stay Gold; Freedom from Tyranny of the Urgent

IMPORTANCE Important & Not Urgent Important & Urgent • Fire Prevention, Potty Training, Net Mending Firefighting • Worship, Prayer, Bible Study Crises of faith • Spiritual Formation Persecution • Evangelism & Discipling • Repentance of sin • Delegation and training • Car repossession • Planning and reviews • Severe injury or health crisis Exercise • Deadline for major project or assignment **GOLD SILVER** WOOD [URGENCY Not Important & Not Urgent Not Important & Urgent • Escapism and procrastination activities • Diaper changing Video Games Phonecalls • Facebook, Aimless Web surfing Emails Movies & TV Texts • Sports radio Meetings Discipling • Waiting on tables • Delegation and training • Chores and Errands